

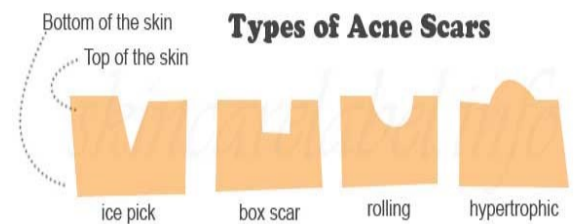
# ACNE, SCARS & PIGMENTATION



**ACNE SCARS:** are often the result of an inflamed cyst which occur when follicles fill up with excess oil, dead skin cells & bacteria. Follicles swell up causing a break in the follicular wall. As the infected material spills out into dermis it destroys healthy skin tissue causing pits & scars. Delaying treatment by 3+ years increases risk of deeper, more pronounced resistant scarring. Remembering there are no quick fixes, you can achieve great results! Often, combination of modalities over a few months provide the best results!

**TREATMENT OPTIONS:**

- Dermal Needling:** truly my #1 option for most scars. When performed correctly and with skin preparation, it provides the most effective results within the shortest time. Work well for most scars & even stretch marks
- Medi facials:** treats cysts, improves skin texture/color, clears signs of acne incl pigmentation
- IPL skin rejuvenation:** no down time, safe & effective



**HOME CARE RECOMMENDATIONS:**

- Pore cleanse gel:** Professional strength cleanser combining 5 acids, pore cleansing & exfoliating
- Blemish SOS:** powerful advanced lightweight antioxidant spot treatment serum
- Lycogel & Oxygenetix:** Completely breathable corrective TREATMENT healing foundations

**PIGMENTATION:** is when melanin is unevenly distributed resulting in dark or light patches. Condition is mostly harmless but can be distressing, creating aging effects and dull and tired look



**COMMON CAUSES of PIGMENTATION:**

- Inflammation** (PIP—post-inflammatory hyperpig.) | **Sun exposure/burns**
- Certain drugs** (eg minocycline and birth control pills) | **Endocrine diseases** (eg Addison)
- Hemochromatosis** (iron overload) | **Pregnancy/ hormones**

**TREATMENT OPTIONS:**

Different types of pigmentation will respond best to different treatments

- Cosmelan:** a unique, multi-ingredient treatment designed to reduce discoloration/ hyperpig. specifically for melasma
- White peel:** eliminates melanin rich skin cells. Prevents darkening of new cells
- Skin Lightening:** unique technology (electroporation) opens small channels in skin cells allowing depigmentation serum followed by depigmentation cream. Includes gentle enzyme peel
- IPL/Laser:** safe, effective this light-based method is best for sun damage—eg freckles,/age spots. Pigment darkens soon after

**PRIVATE AREAS SKIN LIGHTENING:** Most people need a number of sessions to achieve the desired result. Each session starts with a micro peel followed by active compounds infusion. It involves an application of a specifically formulated skin lightening/brightening solution which feels is slightly cold going onto the skin. This solution is infused into problem areas with the help of electroporation. This technology allows for large molecules to enter and penetrate the cellular membrane and that is of the keys to the treatment's success. As the active ingredients make their way into the mid layer of the skin, the formulation works inside the cells to achieve lightening and to inhibit the over production of pigment (melanin). Treatments are not painful

**HOW MANY SESSIONS ARE NEEDED:** On average, clients have are happy after 3-10 sessions p. area. Treatments are recommended 1-2 x p. wk. Most clients report seeing the results after just 2-3 sessions. Number of sessions you need will depend on 3 things:

- 1) **current extent of the issue** - eg. degree of pigment in the affected area
- 2) **the desired outcome** - eg lightening of 1 shade will inevitably be achieved in fewer sessions than lightening of 10 shades
- 3) **how well your body responds** - this one is entirely dependent on your body and includes genetics, hormonal imbalances, medications, herbs, medical & lifestyle history etc

**MOST POPULAR AREAS:**

face | underarms | pubic area | back | buttocks | anal area | pubic areas | knees | elbows

Melasma should never be treated aggressively - it returns with a vengeance!

