

Jessica Simpson and Dermal Needling



Let's talk about Jessica's glowing complexion! Having previously suffered with acne Jessica's skin is now looking flawless.

Acne affects people over 85% of people at some stage of their lives. Poor skin management during this time can often result in scars and pits. This can leave most people feeling self-conscious.

As acne is predominantly caused by internal factors of the body but can however be managed with externally.

There are no quick fixes, but we can still achieve great results. The number one option for acne scarring is Dermal Needling! When performed correctly with skin preparation, it provides the most effective results.

Dermal Needling creates tiny controlled wounds which stimulates natural healing functions to create rapid regeneration of damaged skin cells.

SPECIAL OFFER

FREE Dermal Roller
with every Dermal
Needling Treatment



Jessica Simpson with Julia Grinberg

[Click here for more information on Skin Needling](#)

DERMAL NEEDLING part 1



Before

After



Figure 3. This 65-year-old patient is shown before and 2 weeks after lip needling.

How it works

Skin (Dermal) needling involves treating the skin with small needles attached to a roller or pen to **induce collagen growth**. As needles create thousands of microscopic injuries, wound healing effects in the skin are triggered, followed by synthesis of new, fresh collagen.

One of the most exciting advantages of this treatment is that it **can safely be performed on darker and lighter skins** (as long as skin is prepared appropriately).

with **minimal downtime or discomfort**,

with almost **immediate visible results**

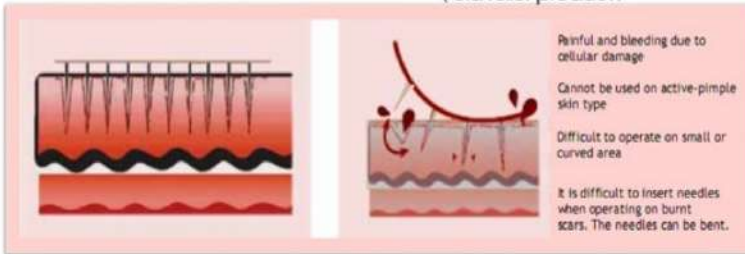
this is **the most genius rejuvenation methods available today!**

8 advantages of our methods & protocols

1. Less epidermal damage = **less pain & discomfort**
2. **No risk** of needle bending due to vertical delivery
3. **Skin repairs faster** post treatment, less downtime
4. Disposable tips ensure hygienic, **sterile** treatments
5. **Access to curvy** "curly" areas (eg lips, nose sides)
6. **Easiness** of scar **penetration**, compared to rollers
7. **Flexibility**—can vary depth of needle in treatment
8. **Facilitation of cellular renewal** due to quality compounds

Vertical Insertion Method

Sloped-curved insertion method
(old roller product)



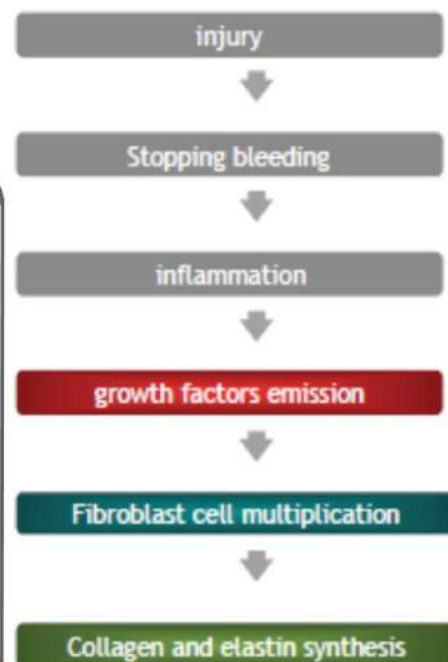
STAMP

ROLLER

8 Conditions to treat

- | | |
|---|-------------------------------------|
| Acne scarring & pitting | (partial to complete skin recovery) |
| Stretch marks & scars/burns | (partial to complete removal) |
| Fine & deep lines | (softening effects) |
| Large pores & refining of skin | (minimised pores, smoother skin) |
| Upper lip/ smokers lines | (respond well, excellent results) |
| Cellulite or tightening post lipo. | (respond moderately well) |
| Pigmentation | (excellent results) |
| Alopecia | (increased blood flow) |

fraxel-like results minus the price tag or down time!

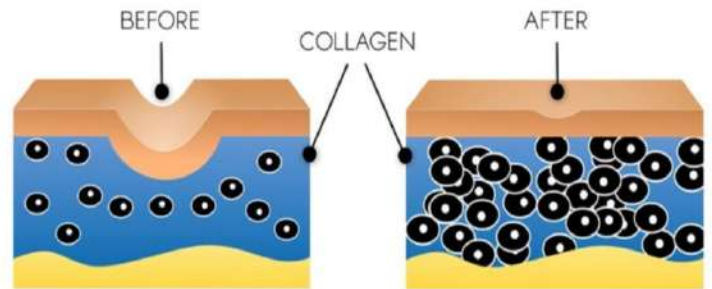
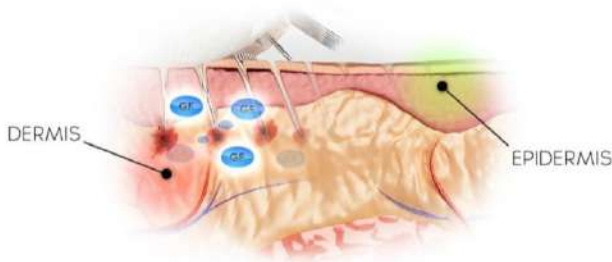


DERMAL NEEDLING part 2

12 benefits of dermal needling

SKINRÖLLA®

1. Visible & long lasting results usually after 6 weeks
2. Minimally invasive
3. Virtually painless (topical anaesthetics can be used)
4. Minimal discomfort post-treatment
5. Simple procedure for practitioner to master
7. Natural collagen production for a year (iaverage)
8. No skin damage (no removal of the epidermis)
9. Minimal or no side effects
10. Can be performed without limit
11. Short healing time (48hrs)



Even quicker, better results
in combination with
peels and IPL



Research results (480 patients)

Retrospective study in South Africa and Germany

CONDITIONS: Wrinkles, atrophic scars, stretch marks

TRIAL: 1-4 sessions combined w topical vit A & C

RESULTS: On average the following was reported

- 1) Average 60-80% improvement in skin's appearance
- 2) Significant increase in collagen & elastin—6mths post
- 3) 40 % increase of epidermal thickness - 1yr post

9 contra-indications

1. Scleroderma/collagen vascular diseases
2. Cardiac abnormalities
3. Rosacea
4. Blood clotting issues (i.e. poor wound healing)
5. Active bacterial, viral or fungal infection
6. Immunosuppression
7. Emotional instability or mental illness
8. Scars that are less than 6 months old
9. Facial surgery in the past 6 months

9 risks

1. Scarring (in case of aggressive repeated treatments)
2. Infection (with non-sterile equipment or utensils)
3. History of psoriasis (an onset can be triggered)
4. History of keloid or raised scarring
5. History of eczema & other chronic skin conditions
6. History of diabetes
7. Use of skin thinning preparations in he past 6mths
8. History of hyperpigmentation
9. Not priming skin appropriately (minimal results)

NEEDLING AFTERCARE



Do	Don't
Use water or saline solution to wash face for up to 3 days after treatment	Use makeup for 1-3 days after treatment (except for the healing., repairing make up)
Use recommended skin care products to care for you your skin & accelerate the healing process after your treatment	Use regular or harsh cleansers and skin care products for 7 days after treatment as it may negatively impact your results
Chose quality healing make up after treatment. Two brands are now available at the clinic	Exercise, swim or use saunas for 3 days after treatment
Prep your skin to prevent unwanted pigment changes if you are Fitzpatrick skin type 3+ (your therapist can advise). Prep your skin for 3 weeks to maximise the results and minimise down time. Prepare with recommended products only	No fish oil/ any blood thinning medications/ herbs for 3 days prior to treatment. You can resume these a day or two after your treatment

**Even quicker, better results
in combination with
peels and IPL**

10 things to be aware of post session

- 1) **Skin can be: irritated, tender, tight, itchy, swollen w pink, scratched look** This can last 1-7 days
- 2) **Your skin may flake** 6-8 days post treatment. A light enzymatic professional peel is recommended
- 2) **Temporary scabbing** may form. Do not pick at scabs as it increases risk of hyper-pigmentation/ scarring
- 3) **Use gentle cleanser/NO hot showers** for 3 days. No swimming pool/ocean for 14 days post treatment
- 4) **No direct sun**—sun block daily incl in winter & rainy days but not for 12hrs post treatment
- 5) Apply **hydrating soothing repairing vit B5** serum as often as needed
- 6) Only use “**healing make up**” for 24hrs post treatment . No rubbing. Pat dry skin after wash
- 7) **No peeling/ bleaching/ alcohol** containing products unless enzymatic peel approx 1 week post treatment
- 8) To facilitate **faster skin healing & repair** use Red Alert, CE and EGF serums. Use anti stress mask if needed
- 9) **Skin Priming** 3 wks prior to treatment will ensure a fast and exceptional skin response
- 10) **Follow up treatments** are recommended no less than 6-8 weeks apart